

THIS RING SIZER IS PROVIDED AS A GUIDE ONLY.

IMPORTANT Make sure you print this page at 100%, and do not select 'shrink to fit page' option

Check the scale of the line 

Ring Sizes

Place your ring over the circles below. The circle that fills the inside of the ring without overlapping is the correct size. Letter shown within the circle is your ring size.



37.50 mm



38.75 mm



40.00 mm



41.25 mm



42.50 mm



43.75 mm



45.00 mm



37.50 mm



38.75 mm



40.00 mm



41.25 mm



51.25 mm



52.50 mm



53.75 mm



55.00 mm



56.25 mm



57.50 mm



58.75 mm



60.13 mm



61.38 mm



62.61 mm



63.83 mm




65.09 mm

Women's rings in size O (which can only be resized by 3 sizes up or down)


Men's rings in size U (which can only be resized by 2 sizes up or down)

Ring Measuring Guide

- 1) Cut out the sizer and select the right size. Once you have slit the paper, twist and slot. Slip your finger through the loop.
- 2) Do not pull on the sizer tightly as this will give you the wrong size for your finger.

Cut down to here 



 Cut your selective size down to here